

# LIFE SKLLS

### FOR LEADERS

If good management is a set of operational skills that can be taught, we earn a leadership position through demonstrating strong vision, values and behaviours that align with the company or institution.

True leadership demands we learn about and connect with a deeper sense of self.

Traditional education, training, learning and development might build upon our strengths and address our deficits - the hard skills to match the roles we play in life and within an organisation. But they pay little attention to our softer skills - not least help us understand our personal story, our innate instincts, and their impact on our life's work.

Under pressure, we often struggle to accept our vulnerabilities around self-worth and confidence, let alone black spots in emotional intelligence, empathy and critical thinking.

So, while we might get seduced by external validation for our achievements, the disconnect with our true purpose and value creates a void that many of us struggle to cross.

# VENTURE YOUR SELF

NWC believes in Lifelong Learning, alongside and integrated into home and work commitments. To help us grow and progress with confidence.

Our cornerstone programme invites each of us to 'Venture Your Self', to help us make positive choices and put us on a firmer footing, wherever our path may lead.

In an independent, safe space, we gather in small groups of less than ten. We reflect upon our experiences, our mindsets, and test and learn from new daily practices - how we learn, how we perform, and how we fit in.

If we understand and own our story, we can establish a core of self-esteem, upon which to build both our purpose and personal agency - both for our selves and in co-operation with our peers.

We are better able to forge stronger relationships, embody our values, and feel a greater sense of where we belong in the world.

So we can take more confident steps forward, to feel value and be valued in our transitions through life.

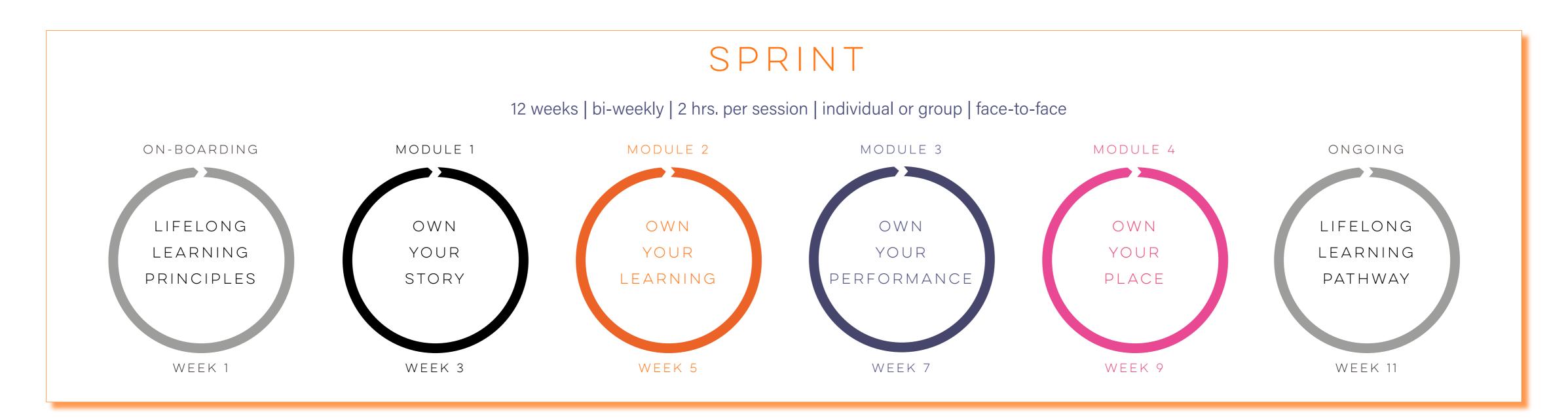
To thrive, not just survive.

Finally, in joining a growing NWC community, we become part of a unique professional and peer network that sets us up for life.

# LEARNING IS OUR LIFE'S WORK



# THE PROGRAMME



#### DISCOVERY

Monthly | 3 hrs. per session | group | face-to-face & online

- INDEPENDENCE (AUTONOMY)
- METRICS OF SUCCESS
- IDENTITY (PERSONAL BRAND)
- EGO
- MANAGING EXPECTATIONS
- CONFLICT RESOLUTION
- GIVING AND RECEIVING FEEDBACK
- EMPATHY (VS SYMPATHY)

- CONVERSATION & COMMUNICATION
- COOPERATION (VS COMPETITION)
- MENTAL HEALTH MANAGEMENT
- TIME MANAGEMENT (PRIORITISATION)
- FINANCIAL STRESS
- FOSTERING CREATIVITY
- HUSTLING
- PROCESSING (SLEEP)

#### VENTURE CLINICS

Quarterly | 3 hrs. per session | group | face-to-face

#### NWC SIDEWAYS

Lifelong access to peer learning platform

### ALUMNI SOCIAL

Annual | 3 hrs. per session | group | face-to-face

#### NWC BADGE

Digital mark of Lifelong Learning

# PRICE PER PERSON

INDIVIDUAL COACHING SPRINT: £3,000

GROUP\* COMPLETE PROGRAMME: £2,000

Includes Sprint | Discovery | Venture Clinics | Alumni Social | NWC Sideways | NWC Badge

\*Minimum 5 in a group

### A LA CARTE\*

Individual Coaching session: £500

Group Discovery session: £150

Group Venture Clinic: £150



Helps me see how I can more confidently approach and handle situations, and completely changed the way I view my current role and value, as well as my future potential ??

EXECUTIVE, 49

It is so refreshing
just to have time and space
to ponder these things and
feel like you are not alone

OPERATIONS MANAGER, 26

I was so shocked at the way it helped me. It gave me a completely different perspective on the decisions I had come to

UNIVERSITY STUDENT, 19

It's adjusted my
thinking already
- checking in with myself
before I fall asleep each day

ASSET MANAGER, 27



### JAMES SCROGGS

JAMES@NEWWORKINGCLASS.CO.UK +44 [0]7770 756 304



### CHRISTY TRAORE

CHRISTY@NEWWORKINGCLASS.CO.UK +44 [0]7377 446 341

REGISTER FOR MORE INFORMATION



#### NEW WORKING CLASS LIMITED

COMPANY NUMBER 12609970

REGISTERED ADDRESS 19 SUFFOLK ROAD LONDON SW13 9NA

WWW.NEWWORKINGCLASS.CO.UK