## NEW WORKING CLASS



### VENTURE YOUR, SELF

DEVELOPING LIFE SKILLS FOR STUDY AND WORK

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# CORNERSTONE OF A LIFELONG LEARNING PATHWAY

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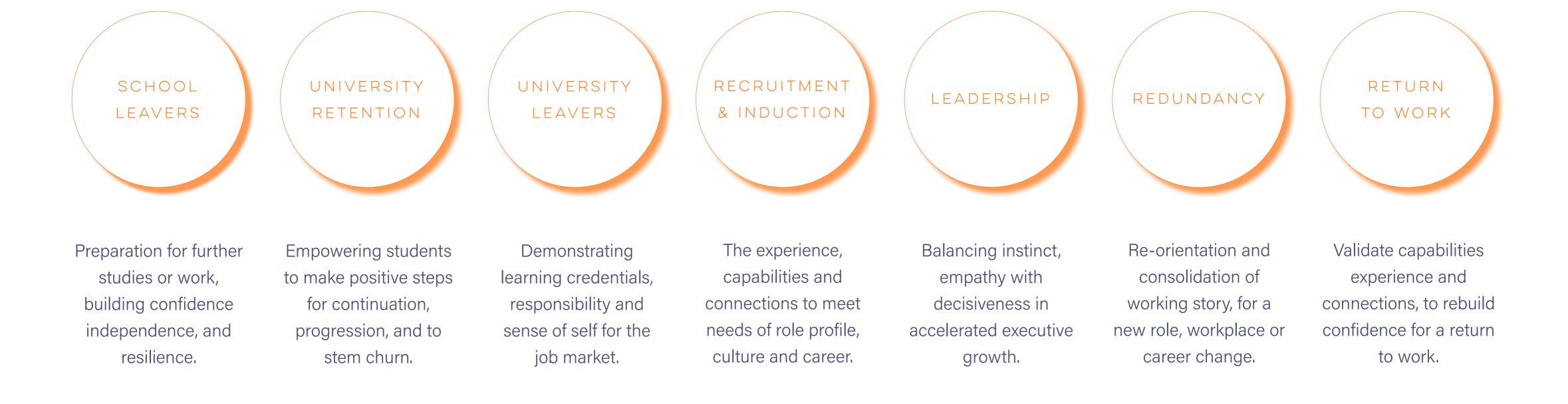
## LIFELONG LEARNING

NWC is forging a flexible, hop-on hop-off learning pathway.

We develop life skills for study and work, at levels of learning commensurate with personal growth, studies and career progression.

On our path through life, we face key transitional moments. We shift between environments, expectations and support structures. These transitions can present obstacles, as much as opportunities. Under the surface, they can challenge our self-esteem, confidence, and reveal blind spots in our emotional intelligence and critical thinking. We don't easily trust our selves to make positive choices. We are conditioned to seek external validation of success. Too often we can ignore or misunderstand what success means to us. So, we can fall into crippling imposter syndrome, isolation and poor mental health.

## THROUGH LIFE'S TRANSITIONS



### A THIRD SPACE

NWC offers an independent, safe 'third space' - outside of institutional, company and domestic structures.

To dig deep into our experiences and feelings, without fear of judgement or conflict.

To find a firmer footing about who we are and how we turn up in the world.

To choose to keep moving forward, step by step - not in a sprint towards some short-term destination, rather in developing the robustness and resilience for the marathon of life.

### DELIVERING UNIQUE VALUE

Our clarity of self will help us better co-operate with our peers - benefiting educators, employers, family & friends.

#### VALUE TO LEARNERS & WORKERS

- » Empowerment, self-esteem and positive mental health
- » Trust, belonging and access to a vaulable, diverse peer network
- » Initiative, reliability, and productivity
- » Personal impact, employability and progression in life
- » Leadership development and citizenship

#### VALUE TO EDUCATORS & EMPLOYERS

- » Cost-effective acquisition and on-boarding of talent
- » Accelerated time-to-value for new learners and workers
- » Better progression and outcomes in learning and development
- » Talent retention reduction in quiet quitting or churn
- » Cohesion within team, organisation, or community



## LIFE SKLLS FOR STUDY AND WORK

As we journey through the world of study and work, we encounter obstacles and opportunities that make us anxious about our ability to make good choices. A void of self doubt and isolation can easily open up; into which we can fall a long way, before we learn how to propel our self forward. The traditional notion of 'learning by doing' should not become sink or swim.

We can teach or be taught the hard skills to be good at our respective roles in life. Yet, we often overlook the softer skills that build self-reliance, establish common ground and values with others, and underpin our mental health.

### VENTURE YOUR SELF

The cornerstone of NWC is a programme which invites each of us to back our self, to be more our self, to trust our self, find where we fit, and find our own measures of success.

If we better understand and own our story, we draw on our experiences to inform and inspire our daily mindsets for learning, performance and belonging.

We establish a core of self-worth, build purpose, and feel the power of personal agency. We are better able to forge stronger relationships, embody our values, and understand how and where we belong in the world. So we can make more confident choices, and feel valued in our transition from school into university, and into the workplace, right to the top table. To thrive, not just survive.

Finally, through a growing NWC community, we become part of a unique professional and peer network that sets us up for life.

Because learning is our life's work.

## THE PROGRAMME

We meet together in groups of less than ten - face-to-face, for a couple of hours per week - across the first weeks' sprint.

Between workshops, we apply our new life skills to study or work - to test and learn around their impact.

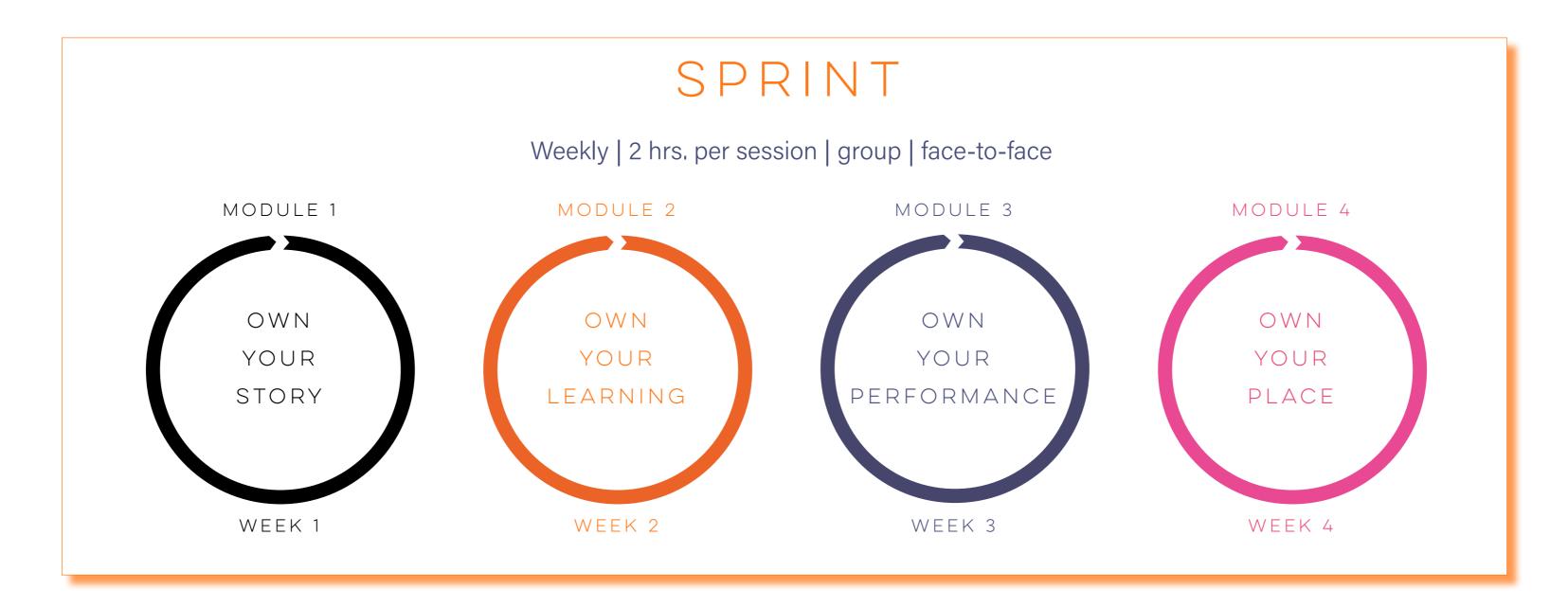
We return to share and build upon our experiences with our trusted group as the programme unfolds. We establish strong bonds in open, vulnerable, but empowered feelings, thinking and action. We grow together as a unique private network.

We can then top up our learning across monthly Discovery workshops - exploring common challenges or opportunities in life, learning and working.

We assemble for quarterly clinics, to check in with each other, and access a broader social and professional network of NWC alumni.

We can access a unique peer-learning platform and display an NWC badge on our Linkedin profile or CV as a mark of Lifelong Learning.





### DISCOVERY

#### Monthly | 2 hrs. per session | group | face-to-face & online

- INDEPENDENCE (AUTONOMY)
- METRICS OF SUCCESS
- IDENTITY (PERSONAL BRAND)
- EGO
- MANAGING EXPECTATIONS
- CONFLICT RESOLUTION

- CONVERSATION & COMMUNICATION
- COOPERATION (VS COMPETITION)
- MENTAL HEALTH MANAGEMENT
- TIME MANAGEMENT (PRIORITISATION)
- FINANCIAL STRESS
- FOSTERING CREATIVITY
- GIVING AND RECEIVING FEEDBACK
- EMPATHY (VS SYMPATHY)

- HUSTLING
- PROCESSING (SLEEP)

### VENTURE CLINICS

Quarterly | 2 hrs. per session | group | face-to-face

#### NWC SIDEWAYS

Lifelong access to peer learning platform

#### ALUMNI SOCIAL

Annual 3 hrs. per session group face-to-face

### NWC BADGE

Digital mark of Lifelong Learning

#### MENTORING

Monthly | 1.5 hrs. per session | individual | face-to-face

## PROGRAMME PACKAGING

#### AYCE 12-MONTH PROGRAMME

Sprint | Discovery | Venture Clinics | Alumni Social | NWC Sideways | NWC Badge

### A LA CARTE

Sprint | Discovery per session | Venture Clinic per session | Mentoring per session

### PRICING GEARED TO VOLUME COMMITMENT



VENTURE YOUR SELF PROGRAMME

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The experience has given her a skillset and toolkit to take with her, which I know for a fact she uses every single day

MUM, 48

I was so shocked at the way it helped me. It gave me a completely different perspective on the decisions I had come to

"

UNIVERSITY STUDENT, 19

It is so refreshing just to have time and space to ponder these things and feel like you are not alone

OPERATIONS MANAGER, 26

 It's adjusted my thinking already
checking in with myself
before I fall asleep each day

ASSET MANAGER, 27

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#### REGISTER FOR MORE INFORMATION



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